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## Flowers for drying

These plants make pretty dried flowers.

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|---|---|
| African marigold/ <i>Tagetes erecta</i>                     | Larkspur/ <i>Delphinium</i>                           |
| Anise hyssop/ <i>Agastache foeniculum</i>                   | Lavender/ <i>Lavendula vera</i>                       |
| Astilbe   | Mealy Cup Sage/ <i>Salvia farinacea</i>               |
| Baby's breath/ <i>Gypsophila paniculata</i>                 | Love-in-a-mist seed heads/ <i>Nigella damascena</i>   |
| Bells of Ireland/ <i>Molucella</i>                          | Lupine/ <i>Lupinus</i>                                |
| Chinese Lantern/ <i>Physalis franchetti</i>                 | Ornamental grasses and seed heads                     |
| Cock's comb/ <i>Celosia</i>                                 | Paper moon/ <i>Scabiosa stellata</i>                  |
| Corn flower/ <i>Centaurea cyanus</i>                        | Poppy seed heads/ <i>Papaver somniferum</i>           |
| Dahlia  | Rose flower and hips                                  |
| Globe thistle/ <i>Echinops ritro</i>                        | Sea holly/ <i>Eryngium planum</i> or <i>giganteum</i> |
| Globe amaranth/ <i>Gomphrena</i>                            | Starflower/ <i>Scabiosa stellata</i>                  |
| Goldenrod/ <i>Solidago</i>                                  | Statice/ <i>Limonium sinuatum</i>                     |
| Honesty, Money Plant, Silver Dollar/ <i>Lunaria biennis</i> | Strawflower/ <i>Helichrysum bracteatum</i>            |
| Hops/ <i>Humulus lupulus</i>                                | Sunflower/ <i>Helianthus</i>                          |
| Hydrangea   | Teasel/ <i>Dipsacus</i>                               |
| Lady's mantle/ <i>Alchemilla mollis</i>                     | Yarrow/ <i>Achillea millefolium</i>                   |

### Top tips for drying flowers

The simplest way to dry flowers is to hang them upside-down in a dark, dry, well-ventilated place and let the air do all the work. Hang flowers with twine from their stems singly or in small bouquets to avoid crushing blossoms for around two weeks.

Pressing flowers between the weighted pages or a book or flower press until they dry is also effective for framed arrangements. Violets, pansies, larkspur and ferns preserve well this way.

Harvest your flowers in late morning, just after the dew has evaporated from the leaves.